

"I am deeply concerned about our own troops. For what we are submitting them to in Vietnam is not simply the brutalizing process that goes on in any war where armies face each other and seek to destroy. We are adding cynicism to the process of death, for they must know after a short period there that none of the things we claim to be fighting for are really involved."

Words of Dr. Martin Luther King, Jr.

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Military Counseling Network

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*MCN is a project of the German Mennonite
Peace Committee. www.dmfk.de*

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WANT OUT?

FIND OUT.

GET OUT.

Military Counseling Network

Who are we?

The Military Counseling Network is a non-profit, civilian organization based in Germany. MCN is part of a non-military network of organizations prepared to provide free counseling to those soldiers who are questioning going to war or want to know more about military discharges and regulations.

What do we do?

We are ready to respond to questions, provide guidance and help find legal information for members of the U.S military. Soldiers can contact us for information on a variety of discharges from military service. We can also help you know your rights regarding AWOL, and finding PTSD help.

How can we help?

A counselor can discuss the various discharges with you, help you decide if one is good for you, explain procedures, work with you to gather the necessary documents, and support you throughout the process. Whether getting out is what you need, or just knowing your rights, we are here to help.

Did you know....

- you can be honorably discharged before your ETS date?
- you do not need to be religiously motivated or a pacifist to get a discharge for conscientious objection?
- if you are AWOL, turning yourself in can result in a non-punitive discharge with little or no jail time?
- the Military Counseling Network is not related to the military in any way, and we help provide you with the information and help you need?

You may be able to be discharged if:

- you have a persistent physical or psychological condition that interferes with military service.
- you generally object to war.
- you are lesbian, gay, transgender, or bisexual.
- you or your dependants experience an unusual hardship because of military service.
- you meet the criteria for other discharges under military regulations.

We can also help with:

- Filing Complaints
- Referrals to Doctors and Lawyers
- AWOL Information
- Answering your questions
- Giving support